



Toolbox Talk

Meeting Safety Topic

11-19

Safety Headgear / Hard Hats

Under the Occupational Health and Safety Regulation, “safety headgear must be worn by a worker in any work area where there is a danger of head injury from falling, flying or thrown objects, or other harmful contacts.” Hard hats need to comply with Type I and II top and lateral impact CSA Z94.1-2005 (Class E), ANSI/ISEA Z89.1-2009 (Class E) standard. Your hard hat has a label of certification on the inside of the hard hat shell.

Type I Hard Hats are intended to reduce the force of impact resulting from a blow only to the top of the head.

Type II Hard Hats are intended to reduce the force of lateral impact resulting from a blow received off-centre, from the side, or to the top of the head.

Hard hat electrical performance is divided into 3 categories: **Class E, Electrical;** **Class G, General,** and; **Class C, Conductive.**

Discussion What a Hard Hat Does

- Protects you from falling objects.
- Protects your head in case of a fall or bump’s into machinery and the like. It also protects you from electrical shocks and burns if it’s a non-conductive hat.
- It is a place to put stickers and decals.



Proper Care for your Hard Hat

- Keep your hard hat properly adjusted.
- Do not cut, bend or heat the hard hat.
- If you see gouges or cracks in the shell, or the colour turns dull, its time for a new one.

Proper Wear.

- Most importantly, wear it and wear it correctly. Do not wear it backwards.
- Do you need lateral or side protection. Don’t put anything inside except your head.
- Do you need a chin strap in order to keep it on your head.
- Don’t try to substitute it for a “bump cap.” The bump cap will not provide adequate protection from falling objects.
- It is not a stool or a step; doing so weakens the shell of the hard hat.

Additional Discussion Notes: _____

Project: _____ Employer: _____

Address: _____

Supervisor: _____ Date: _____

Time: _____ Shift: _____

Number in Crew: _____ Number Attending Talk: _____

Safety Issues or Suggestions made by the crew: _____

Name	Signature	Company
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		

Manager's Remarks: _____

Manager Signature: _____ Supervisor Signature: _____